

1. **Best Practice**

2. Yoga&TQM Course introduced in the university. Interested students join the course

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Title: EXCELLENCE THROUGH YOGA & TQM

Objectives of the Practice

- To develop the physical, intellectual and spiritual dimensions of students.
- To develop social sensibilities for contribution to national development.

Context

Today, we find ourselves in a fragmented material world degenerating in both resources and spirit. We face the threat of self-extinction by nuclear warfare, environmental pollution, depleting biodiversity, terrorism, but more importantly, corruption of the self and society. The quality of HEIs and the low employability of graduates in India is also alarming. Thus, it is imperative that higher education is also based on TQM, with a focus on values and social transformation.

The Practice

The RU Education System has been designed to evolve a complete person, by focusing on not only the intellectual development, but also physical and spiritual development of students along with fostering social sensibilities and vocational skills. This is implemented through a comprehensive framework for inclusive, experiential and holistic education

TQM Framework

RU has put in place Total Quality Management based on the following four cardinal objectives :

1. Innovation
2. Creativity
3. Initiative
4. Excellence Standards, accountability and monitoring at all levels are ensured in this setup.

Recent Feedback Mechanism on Daily Basis: Daily Home and Class Assignments

Evidence of Success

Evidence of the tremendous success of RU's value-based and quality education is through the following: 1. Recognition as the USP of Education at RU by Statutory Regulatory Authorities

2. Positive feedback on this aspect from all stakeholders
3. Improvement in teaching-learning experience
4. Higher number of women enrolments

5. Higher number of women staff

6. Award of ISO 9001:2015 certification

Problems Encountered and Resources Required

1. Improving the awareness and quality of students from under-privileged sections through remedial classes.

2. To provide quality teaching without increasing the fee structure to benefit the underprivileged sections.

BEST PRACTISE -2

Title of the Practice: Plantation and Gardening Programme

Objectives of the Practice It has been observing by the people that nature has been changing itself very tremendously as we are responsible for this change because of building and constructive more and more cities and town. So, the nature has unbalanced and disturbed that's why the combination of oxygen has ruined.

Therefore, now we have to maintain this balance by following the given points:-

- To ensure more plantation of different useful medicinal plants & trees.
- Plantation programme can become more popular. So, it is the duty of ours to promote more and more students to come forward.
- To enhance the values of plants & environment among the students.
- To sustain the cool and eco-friendly campus in the college.
- To decompose the waste and to use it for manure purpose.

The Context The primary objective of "Plantation programme is to save & protect to the environment by plantation work" as under below points:-

- To rising up the level of the students thinking regarding different medicinal plants benefits and its effects.
- To ensure the sincerity of the students regarding the values of trees & plants.
- To inculcate the programme of plantation can change the heart & hobbies of students to produce more and more oxygen.
- For the maintenance the cycle of the nature for up-gradation of the environment.

The Practice

It is very important to plant more and more trees, herbs and climbers because these are the carriers of rain and cloud. Only the nature has capacity to turn up the balance of nature to produce more and more oxygen, but it is only possible when our surroundings are full of trees and plants. Such type of programme is only possible when our new generation become more & more sincere and active towards plantation programme. If our programme of plantation makes the points of success,

it is sure and certain that our nature will be in balance and the life of the people can be happy & prosperous. So, we should plant more & more trees and protect them for the future of new generation. On every Thursday evening, all the staff members of the college join hands together for cleaning and maintaining gardening activities of the campus.

Evidence of Success:

Our efforts of plantation work provoke the heart of the students and inspired them to go quickly on the path of plantation for the balance of the nature & up-gradation of environment. As the result of the programme more number of students is participating in plantation work. The college has been maintaining separate area for the medicinal plant, flower plant, coconut and other trees. As the result of this practice now college nature has become eco-friendly and cool campus.

Problems Encountered and Resources Required Some students were too naughty that they avoid the programme and deny such types of activities, but our teaching faculties convinced them and ultimately they agreed for the plantation work and realized the value and importance of the nature and environment. Not enough, but they also planted more & more plants and take an oath for the protection of the plants for the balance of nature.